



SOLERS

MANAGEMENT INSTITUTE

**SOLERS-ANNUAL INTERNATIONAL
PRE-RETIREMENT, FINANCIAL WELLNESS
AND ENTREPRENEURSHIP SKILLS
CONFERENCE**



23rd to 27th March, 2026 | Durban-South Africa

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www.solersmi.org

“Scaling Knowledge through Skills Enhancement”

SOLERS-ANNUAL INTERNATIONAL PRE-RETIREMENT, FINANCIAL WELLNESS AND ENTREPRENEURSHIP SKILLS CONFERENCE

The SOLERS Annual International Pre-retirement, financial wellness and entrepreneurship skills conference aims to support staff by offering an opportunity to plan positively for the next stage of their life, as when and how they will retire, or whether retirement is voluntary. Organizations also have the responsibility of helping their employees plan for their retirement. This not only makes the employees feel appreciated, it also leads to improved productivity.

It is undoubtedly true that Organizations are faced with the challenge of separating with their employees at one time in the future as many employees often seem unprepared for life after retirement and spend a significant part of their productive life worrying about it. Retirement can be both exciting and exhausting, creating new challenges, experiences, and uncertainties. It is important to take necessary decisions during one's active working life. It's about how far and clear can you see? And stick to a plan that makes living dignified and comfortable after retirement.

The Solers Annual International Pre-retirement conference will help answer the so many questions and changes in people's lives as they ponder what to do after leaving formal employment. While Retirement is not escapable, the delegates coming through will learn tactics to escape the suffering and consequences often suffered by preparing for retirement early.

Through the conference delegates will devise proactive approaches to developing a retirement plan early enough in their careers, discuss financial wellness matters and more so visit and also design entrepreneurial projects that befit their retirement future.

Conference Benefits

- Preparation of Participants psychologically on what to expect as life after formal employment and how to manage that life.
- Enhancing their knowledge and skills of planning and managing their own enterprises after formal employment.
- Help delegates understand and appreciate the importance of liquidity during retirement and having several self-help projects to support them during that anticipated stage of life and career.
- To empower employees to be able to identify, select, plan, develop and manage own projects and business
- Understand the need for adjusting with the changes after retirement, cope with the limited access to money and more time at play.
- Envision life after retirement- opportunities for voluntary and paid work and prepare for professional transition and discover leisure activities and interests.
- Plan for wellness, health and nutritional balanced diet but above it a balanced mental health during retirement.

Conference Topics;

Getting Ready for Retirement

- *Introduction to Retirement*
- *Stages of Retirement*
- *Importance and benefit of planning retirement in advance*
- *How to plan for retirement*
- *Challenges in Retirement*

Retirement Planning Process

- *Setting retirement goals*
- *Evaluating the current financial condition*
- *Setting up your retirement budget*
- *Identifying source of income after retirement*
- *Manage and monitor income & assets*
- *Evaluating retirement risk and investing in assets*

Planning for Lifestyle Changes in Retirement

- *Preparing for unexpected*
- *Develop a sense of intent & meaning*
- *Managing stress associated with life change and transition*
- *Circles of support*
- *Growth potentials vs. losses in senior years*

Managing Pension Funds

- *Understanding pension plans*
- *Social security*
- *Planning for and investing pension funds*
- *How to effectively access your pension funds*
- *Individual retirement insurance*

Investment Planning in Retirement

- *Property investment for retirement*
- *Equity assets*
- *Debt and bond investments*
- *Protecting your assets*

Entrepreneurship and Business Management

- *Selecting the right industry*
- *Creating a business plan*
- *Basic accounting for business*
- *Risks involved with participating in business*

Career Opportunities for Retirees

- *Options and hobbies*
- *Reasons to work during retirement*
- *Employment prospects/ opportunities after retirement*
- *The experience carried into retirement*
- *Methods to decide on a post-retirement career*
- *Planning and managing a second and successive career*

Wellness and Healthy lifestyle

- *Supporting a healthy lifestyle*
- *Physical, emotional, social, and mental well being*
- *Enjoying your leisure time*
- *Retiree and health*
- *Environment and keep a positive mindset*

Nutrition for Healthy Aging

- *Nutrition for Seniors*
- *Balanced diets and supplements*
- *Physical exercise regularly*
- *Regular health checks*
- *Sleep and sex life*
- *Safety and finding a partner*

Who should attend?

Pension managers, HR Managers and officers, Directors, Accountants, Secretaries, Administrative professionals, Personal Assistants. All cadres of employees who are about to retire either voluntarily, non-voluntarily or by age. Other employees are also encouraged to participate as a way of planning their retirement early.

General Information About the Conference

Every year the Solers Management Institute organizes Annual International Conferences. This Pre-retirement conference has been organized by Solers and recommended for all ages whether one intends to retire voluntarily or age has caught up. This is a must-attend event for anyone interested in transforming the way they work and looking forward to a retirement well planned.

Upon completing this conference, participants will have a robust understanding of retirement planning, financial management and entrepreneurial skills. Equipped with practical tools and insights, delegates will be prepared to create effective retirement strategies that ensure financial stability and personal fulfillment throughout retirement.

Who are the Speakers?

Our Seasoned and dynamic speakers come from a variety of backgrounds with years of experience in their fields of presentations. We have invited seasoned speakers and motivators who carry with wisdom and experience to forecast and guide your life into an ever-changing future.

Registration

Registration for SOLERS Annual International Pre-retirement, Financial well-ness and Entrepreneurship Conference is open to anyone who is willing to attend, you can register online on our website www.solersmi.org or you can send us an email or call the conference coordinator on the numbers in the application and contact information section.



Fees

The fee is only **1750 USD** covering workshops, coffee breaks, lunch, copy of all papers, formal dinner and a tablet to take home. Early bird and multiple registration discounts are available.

Accommodation

Accommodation can be booked separately at the conference venue at conference rates or at a large range of other hotels and guest houses within walking distance. SOLERS is willing to help you while making your reservations. We encourage you to **email:** admin@solersmi.org **or** support@solersmi.org so we can anticipate demand for accommodation and facilities.

Tours/Field Excursion/Shopping

As a sum up of the conference, we visit on the businesses/farms to relate life after corporate life. Shopping, will be planned to let the delegates catch one or two items in memory of this great conference that starts the year and sums a few delegates corporate careers.

CONFERENCE NOMINATION FORM

APPLICANT'S NAME:.....

COURSE/PROGRAMME TO ATTEND:.....

DATE OF CHOICE AND WEEKS ESTIMATED:.....

SPONSORING ORGANISATION:.....

VENUE OF TRAINING:.....

NAME OF AUTHORISING OFFICER:.....

TITLE:.....

SIGNATURE OF AUTHORISING OFFICER:.....

OFFICIAL STAMP AND DATE

PARTICIPANTS PHONE NUMBER:.....

FEES PAYMENT MODE:.....

CASH ☐ EFT ☐ T.T ☐

BANK DETAILS:

BENEFICIARY BANK

Stanbic Bank Uganda Limited

SWIFT CODE: SBICUGKX

Branch: William Street

BENEFICIARY DETAILS:

Account Name: Solers Management Institute Limited

Account Number: 9030021852197

EMAIL: admin@solersmi.org or info@solersmi.org or solersmi@gmail.com

NB: This form must be filled, scanned and returned to Solers Management Institute at least a week before commencement of the training/conference



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